

NEWS RELEASE

Nov. 4, 2020



County's Department of Social Services Offers Free Grab and Go Meals to Seniors

Mecklenburg County, NC – The Mecklenburg County Department of Social Services (DSS) Senior Nutrition Program is offering Grab & Go free hot and frozen meals for seniors (residents age 60 and older). Meals can be picked up from eight locations. Participants are encouraged to contact the location closest to them to arrange meal pickups. Meal pickups must be reserved. DSS also provides home-delivered meals to seniors who are unable to go to a Grab & Go location.

Details for each site are available below:

Grab & Go Location	Address	Reservations Contact	Service Days	Meals Offered
South View	1720 Vilma St. Charlotte, NC 28208	Tina Scott 704-614-8937	Mon - Fri 11:30 a.m. - Noon	1 hot meal per person, per day
Johnston Y	3025 N. Davidson St. Charlotte, NC 28205	Jessica Williams 704-614-9271	Tue and Thur 10:30-11:30 a.m.	Tue - 1 hot +1 frozen meal per person. Thur- 1 hot + 2 frozen meals per person
Bette Rae	2921 Tuckaseegee Rd. Charlotte, NC 28208	Angel Brown 704-517-4830	Mon - Fri Noon - 12:30 p.m.	1 hot meal per person, per day
Tyvola	2225 Tyvola Rd. Charlotte, NC 28210	Kathy Cheves 704-614-9581 Angela Robinson 704-620-3993	Mon - Fri 11:45 a.m. -12:15 p.m.	1 hot meal per person, per day
Progressive Baptist Church	1600 Clanton Rd. Charlotte, NC 28208	Delores Moses 704-614-9365	Mon and Wed 11 a.m. - Noon	Mon - 1 hot +1 frozen meal per person Wed- 1 hot + 2 frozen meals per person
West Charlotte	2401 Kendal Dr. Charlotte, NC 28208	Rose Brawley 980-314-7597	Mon - Fri 11:45 a.m. -12:15 p.m.	1 hot meal per person per day
Pine Valley	1700 Longleaf Dr. Charlotte, NC 28210	Yvonne Paulding 980-287-6116	Mon, Wed, Fri 10 - 11 a.m.	Mon and Wed- 1 hot meal and 1 frozen meal per person Fri - 1 hot meal per person
St. Luke Missionary Baptist Church	1600 Norris Ave. Charlotte, NC 28206	Sheila Phronebarger 704-614-9483	Mon - Fri Noon - 1 p.m.	1 hot meal per person per day